

10 Things YOU Can Do To ELIMINATE RACISM

eliminating racism
empowering women
ywca
Greater Harrisburg

- 1. Explore your identity** to understand your history and how you experience privilege and oppression.
- 2. Examine yourself** for unconscious attitudes and behaviors that contribute to racism.
- 3. Educate yourself** by talking with others, viewing films, reading books and articles, and attending events.
- 4. Speak up** and interrupt racist jokes, comments or actions; silence allows racism to continue.
- 5. Write a letter-to-the-editor** in response to racist incidents in your community or biased news coverage.
- 6. Choose media** that respectfully represents people of all races without reducing them to stereotypical roles.
- 7. Organize a discussion group** on issues of racism with your co-workers, friends or faith community.
- 8. Work with your local school** to support anti-racist, multicultural curriculum and materials in the classroom.
- 9. Contact your elected officials** to advocate for policies that further racial justice.
- 10. Get involved** with the YWCA Greater Harrisburg's racial justice programs! Visit www.ywcahbq.org or call 717-234-7931.